



IMPORTANCE OF MENTAL WELL-BEING AND CHARACTER DEVELOPMENT OF STUDENTS IN SCHOOLS



The true aim of education is to create knowledgeable, skilled and conscious individuals with a steadfast commitment towards progress, peace and sustainability. Achieving this goal entails more than academic excellence and skill proficiency. It requires mental health, emotional resilience and a strong character with good values and ethical conduct. Mental well-being provides firm underpinnings to knowledge. It fosters a socio-emotional development in learners and nurtures a positive outlook towards life's challenges. Character development is equally important. It builds courage, conviction and a moral compass to take on the challenges confidently. A learner with a strong mental make-up and formidable character is best equipped to turn the 21st century adversities into opportunities for growth. Seth Anandram Jaipuria Group of Schools facilitates holistic development in students through a pedagogy that puts cognitive, emotive, physical and spiritual growth on an even keel. Our vision is to make learners the emphatic change makers that can transform the world for the better.

MR. SHISHIR JAIPURIA, Chairman
Seth Anandram Jaipuria Education Society



MR. ANAND AHUJA
Chairman
Seth Anandram Jaipuria School,
Unnao

Mental health is not a destination but a process. It needs candor and unlatched conversations.

A sound mental state is the bedrock upon which success lies. Students grappling with stress find it challenging to absorb new information. Discussions about mental health help students cope with challenges. Character development equips students with resilience and emotional intelligence which enables them to navigate through the complexities of the world. Resilient students can bounce back from setbacks and disappointments learning important lessons from each experience.



MR. KISHORE MEHROTRA
Secretary
Seth Anandram Jaipuria School,
Alambagh Campus, Lucknow

My vision aims to create a learning environment that goes beyond academic achievements and empowers students to become compassionate, resilient, responsible and skilled individuals who can navigate life's challenges with confidence and contribute positively to the society demonstrating strong character, empathy, self-awareness, learning from failures, communications, problem solving and decision making. This magical environment can only be created when we prioritize Mental Health and integrate Character Development.



MR. LAXMI KANT PANDEY
Chairman
Seth Anandram Jaipuria School,
Varanasi

Mental well-being and character development are intrinsically linked. Students with a healthy state of mind are more likely to possess positive character traits, and vice versa. When schools recognize and promote this interconnection, they create an environment that fosters holistic development. The importance of mental well-being and character development of students cannot be overstated. Education is not solely about academic accomplishments but also about nurturing individuals who are emotionally resilient, empathetic, and socially responsible. By focusing on mental health and character development in schools, we can equip students with the necessary skills to thrive personally, academically, and professionally.



MR. MAHESH KUMAR MITTAL
Managing Director
Seth Anandram Jaipuria School,
Sitarganj

Good mental health and character development is essential for overall being and it can contribute to student's ability to find success in the world. Ignoring the mental health of the student can lead to disastrous results. Sound mental health and well-being of students create the foundational, the holistic development and nurturing of students and imparting life skills that associate them in their growth, self-preservation and sustainable development.



MR. PUSHPRAJ SINGH PARIHAR
Secretary
Seth Anandram Jaipuria School,
Satna

Good mental health allows students to learn and thrive in school. It helps them to develop strong relationships with others, cope with stress, and make healthy choices. Character development, on the other hand, helps students to become responsible, ethical, and compassionate individuals. We believe that by focusing on mental well-being and character development, we can help our students to become well-rounded individuals who are prepared to succeed in school and in life.



MR. ANADI ANAND
Director
Seth Anandram Jaipuria School,
Mirzapur

To ensure physical and psychological safety of our children, easy access to mental health service and support in schools is the first step. The ambit of mental health must encompass the emotional, behavioral, and social well-being of a child. In life Children's success in school and life is directly linked to their mental health. Some research findings indicate that children who receive mental health support do better in academics, are flexible and adaptive to change. The overall mental health determines learning in children.



MR. SHIV PRASAD YADAV
Chairman
Seth Anandram Jaipuria School,
Dibiyaapur

Mental well-being and character development are pivotal in nurturing students' holistic growth. Schools play a vital role in this process. Firstly, a sound mental state fosters better learning, improving academic performance and overall happiness. Secondly, character development instils values like empathy, integrity, and resilience, shaping responsible citizens. This combination prepares students for life's challenges, promotes social harmony.



MR. PRATEEK AGRAWAL
Director
Seth Anandram Jaipuria School,
Nanpara

Building character should not be a forgotten element but a soul of Education in schools. Good mental health will help the students with life's challenges as well as an overall sense of contentment. We as schools need to remember that 'Educational intelligence' is important but 'Emotional intelligence' is equally important. It is a process in the school community to value respect, justice, responsibility for self and others. Good health and character will lead to improved social connection, and better relations with peers, family and society.



MR. LAKSHYA SINGH KAIWALYA
Manager
Seth Anandram Jaipuria School,
Greater Noida (West)

Fostering mental well-being in students provides them with the inner strength to manage both academic demands and personal hurdles. Moreover, it serves as the cornerstone for nurturing their character. Emotionally balanced students demonstrate compassion, empathy, ethical behaviour, and conflict-resolution skills. Schools have the potential to be instrumental in cultivating mental wellness.



MS. MANJU MISHRA
Director
Seth Anandram Jaipuria School,
Gauriganj, Amethi

Good mental health and well-being is essential for school students. It helps them to learn effectively, cope with challenges, and develop resilience. Schools can support the mental health and well-being of their students by teaching them to cope up with stress, anxiety, and depression. Schools can organise campaigns like Children's Mental Health Week and Mental Health Awareness Day to reduce the negative stigma around. Thankfully, today we are much more aware about sound mental health and its role in society.



MR. ASHISH AGARWAL
Director
Seth Anandram Jaipuria School,
Sidhauri

As the owner of a School, I understand that education extends beyond textbooks. Mental well-being programmes equip students with emotional resilience, stress management, and coping skills. These tools are invaluable in navigating life's challenges. Simultaneously, character development cultivates virtues like empathy, integrity, and responsibility, fostering ethical citizens. We believe that by emphasizing these aspects, schools empower students to become not only academically successful but also morally upright individuals. They envision a future where graduates are not just skilled professionals but also compassionate, socially conscious contributors to a better society, embodying the holistic values that education should impart.



DR. AMRESH GUPTA
Director
Seth Anandram Jaipuria School,
Barabanki

The National Education Policy 2020 emphasizes students' mental health and well-being in order to provide holistic development. At the same time, it develops in students qualities and life skills that aid in their overall development. Students mental health and well-being are important factors in ensuring optimal performance, both, in and outside school life. Childhood and adolescence (the stages of development, which are majorly spent in school) are critical periods when students develop a long-term mindset towards personal well-being and lifestyle choices.



MR. SALIK IKHLAQ
Director
Little ONE The Jaipuria Preschool,
Jajmau, Kanpur

Mental health and well-being of students provide the foundational base for imparting holistic development and nurture in student's qualities/life skills that assist them in their growth, self-preservation, and sustainable development. Mental health and well-being emphasizes on students' perceptions about their own self and how they think others view them in the context of feelings, academics, relationships, peers, managing emotions, handling challenging situations etc. The aim of education is not only cognitive development, but also building character and creating holistic and well-rounded individuals. It is important to understand that mental well-being is interlinked with all aspects of health, physical, social, emotional and any compromise in one aspect necessarily has an impact on all others.



MS. SUMAN AGARWAL,
Director
Little ONE The Jaipuria Preschool,
Swaroop Nagar

Mental health includes our emotional, psychological and social well-being. It affects how we think, feel, and act. It also helps determine how we cope with stress, relate to others, and make healthy choices. The need for action on mental health is indisputable and urgent. Character can be defined as self-aware knowledge that helps the individual to set goals, values and ethical principles. For the character development of an individual, Mental health is important at every stage of life, from childhood and adolescence through adulthood.



DR. SANSTOSH PANDEY
Chairman
Seth Anandram Jaipuria School,
Barabanki

The National Education Policy (NEP), 2020 envisions the 'aim of education will not only be cognitive development, but also building character and creating holistic and well-rounded individuals equipped with the key 21st century skills' such as communication, cooperation, collaboration and critical thinking. It puts forth that learning that nurtures the development of such competencies among students would enable building character in them. Mental health and well-being of students provide the foundational base for imparting holistic development and nurture in students qualities and life skills that assist them in their growth, self-preservation, and sustainable development. It is important to understand that mental well-being is interlinked with all aspects of health — physical, social, emotional and any compromise in one aspect necessarily has an impact on all other.

SETH ANANDRAM JAIPURIA GROUP OF EDUCATIONAL INSTITUTIONS CERTIFIED **GREAT PLACE TO WORK** FOR 3 CONSECUTIVE YEARS



Seth Anandram Jaipuria Group of Educational Institutions, a conglomerate of K-12 schools, management institutes, preschools and a teachers training academy, has been certified Great Place To Work for the third year in a row. The group was also named as one of the Top 50 Great Places To Work For Women. Seth Anandram Jaipuria Group was evaluated on several criteria, including leadership effectiveness, trust, innovation, values practiced by management and workforce, role of women within the organization and the ways of maximizing potential of human resources. The group secured an excellent score as a workplace that promotes high trust and high performance culture.



JAIPURIA ANNUAL REFRESHER TRAINING, 2023 TO DEVELOP NEW-AGE COMPETENCIES IN TEACHERS'



In a bid to build new-age pedagogical competencies in teachers, Seth Anandram Jaipuria Group of Schools organised the 2nd edition of 'Re Skilling-Up Skilling: Jaipuria Annual Refresher Training 2023' in Lucknow on June 9 and 10, 2023. The two-day event, being organised in the campus of Seth Anandram Jaipuria School, Shaheed Path, Lucknow, commenced with an opening ceremony featuring the Chief Guest, Dr Anil Rastogi, an acclaimed actor and scientist, the Guest of Honour, Dr. Neeta Bali, Director Schools, Seth Anandram Jaipuria Group of Schools and Mr. Anirban Bhattacharya, Vice President, Partner Schools, Seth Anandram Jaipuria Group of Schools. More than 250 teachers from all across the group's school network took part in this 2-days Refresher Training to develop competencies in new-age pedagogy, learn various new strategies towards improving the teaching learning methodologies and upskill to become more empowered toward the noble profession.



CUET WORKSHOP BY DIRECTOR SCHOOLS

Central University Entrance Test (CUET), for admission to different programmes of the participating Central Universities, conducts a common Entrance Test for all the students to seek admission in these participating Universities / Institute(s) PAN India. Seth Anandram Group of Schools are starting the CUET coaching in schools from class 9 in their school premises so that students successfully appear and get through colleges and universities after the boards. As a beginning, Dr. Neeta Bali, Director Schools took an hour long meeting with the Partner School Principals to discuss the basic working of the CUET, its subject options offered and its marking scheme and other details. It was an enlightening session and benefitted the Principals in understanding the importance of CUET and its strategies which can be adopted by schools for the students to prepare & perform at their best. The workshop was conducted on October 3, 2023.

6th ANNUAL TEACHERS' ORIENTATION PROGRAMME



Seth Anandram Jaipuria Group believes a lot in the up gradation and mentoring of its teachers to enrich them with the new age pedagogies and teaching strategies.

Just after the commencement of a new session, there is an annual orientation for all the teachers across Jaipuria Partner schools to orient them with the general Jaipuria practices, pedagogies and subject specific training. This year also, the 6th edition for the Orientation was organized on April 23, 2023. Like always, it was on an online mode when more than 300 teachers from all the partner schools participated. The first half of the day had generic training for all and in the second half, teachers entered their specific rooms for their specific subjects. All participants were awarded with Orientation certificates.

TEACHERS' TRAINING FOR NEW AGE LEARNING

One of the prime mottoes of Anandram Jaipuria Group has always been the training of its teachers in the new age pedagogies and teaching-learning practices. Keeping in view of this, the Franchise Division have started the drive of onsite trainings in all its Partner School campuses. The teachers are benefitting a lot in their teaching-learning processes in their schools.



VISION FOR GROWTH AT 6th LEADERSHIP CONCLAVE 2023

The Jaipuria Leadership Conclave on June 29 and 30, 2023, presented an excellent opportunity to leaders in all units of the group to reconnect with each other, revisit the vision and mission and highlight the notable initiatives taken by each institution over the course of the previous year. Leadership team from the corporate office and representatives from the three core schools, two management institutions, 2 preschools, the franchise division and STTAR participated. The day 1 began with a vision-setting exercise conducted by Noor Saba Alam. It was followed by a motivational session on Leadership by Lt. Col. Ankita Shrivastava (retired). The day 2 saw the presentation of the yearlong vision by leaders of the different units in the Jaipuria group. Presentations were made by Mr. Shishir Jaipuria, Chairman, Jaipuria Group of Educational Institutions, Dr. Neeta Bali, Director Schools, Mr. Harish Sanduja, Director – HR, Research and IT, Ms. Shikha Banerjee, Principal, Seth Anandram Jaipuria School, Kanpur, Ms. Poonam Kochitty, Seth Anandram Jaipuria School, Lucknow, Ms. Shalini Nambiar, Principal, Seth Anandram Jaipuria School, Ghaziabad, Ms. Pooja Sahni, Headmistress, Little One, Kanpur, Ms. Rashmi Minocha, Headmistress, Little One, Ghaziabad, and Mr. Anirban Bhattacharya, Vice President, Partner Schools. Each unit presented the roadmap for growth.



STTAR GLOBAL SCHOOL EDUCATION CONFERENCE

STTAR Global School Education Conference, a forum of educators and thought leaders from across India and the world, was successfully held on May 19 and 20, 2023 at Ambedkar International Centre, New Delhi. The theme of the conference was Education For A Sustainable Future. The conference was graced by the presence of Anurag Tripathi, Secretary, Central Board of School Education, Dr. Pavel Luksha, Founder and Director of Global Education Futures, The Netherlands, Shishir Jaipuria, Chairman FICCI Arise and Chairman Seth Anandram Jaipuria Group of Educational Institutions.



TOWN HALL CELEBRATIONS: PAVING THE WAY TO MAXIMIZE HUMAN POTENTIAL!

Jaipuria Group of Educational Institutions celebrated the talents of its workforce and reconnected with employees at Rendezvous – The Town Hall, held in Kanpur on August 28 and in Ghaziabad on September 25, 2023. At both Town Hall events, Shri Shishir Jaipuria, Chairman of Jaipuria Group of Educational Institutions, inspired the teachers, principals, headmistresses and staff of the schools and HEIs with his inspiring address that laid a roadmap for the optimization of human potential across all units. He, along with Mr. Vinod Malhotra, Advisor, and Mr. Harish Sanduja, Director of IT, Research and HR addressed the concerns of the teachers and staff and assured them of a policy directed at employee betterment and empowerment. Staff from the Ghaziabad School, Little One, Chander Nagar, Jaipuria Institute of Management, Jaipuria School of Business and Corporate Office was felicitated at the Town Hall in Ghaziabad. A great celebration of Jaipurian culture.



SQAA WORKSHOP CONDUCTED FOR PARTNER SCHOOLS

Central Board of Secondary Education or CBSE has always been imparting quality education to the learners and has always kept it a priority. School Quality Assessment and Assurance Framework (SQAAP) is a set of standards and best practices for attaining the excellence of individuals or institutions. It is a tool for managements, educationists, leaders and all those involved in making a difference in the lives of children. Some of the objectives of SQAA are reviewing a schools' processes, prepare students for an increasingly complex and interdependent world, establish an inclusive school with a purposeful learning culture and achieve high standards of students' learning. Simply put, a school can assess the work that they are doing and the areas needed for its improvement. As a mandatory process of CBSE, Seth Anandram Jaipuria Group of Schools are all set to start this very unique system of assessment in their schools. Dr. Neeta Bali as an initiator, conducted a meeting on September 19, 2023 with all the Partner School Principals to induct them in the processes of SQAA and how to start them in their schools. The session was informative.

SETH ANANDRAM JAIPURIA GROUP OF EDUCATIONAL INSTITUTIONS TO PLANT 1 LAC TREES IN 2023

Studies suggest that a tree produces about 260 pounds of oxygen annually. Two trees can produce enough oxygen for a family comprising four members. In a notable initiative aimed at preserving the environment, Seth Anandram Jaipuria Group of Educational Institutions plans to plant, across its network, one lac saplings in the monsoon season of 2023. The tree plantation drive is an annual event at Seth Anandram Jaipuria Group, which is a conglomerate of 16 K-12 schools, 4 pre-schools, 2 MBA institutions, and a teachers' training academy in North India. Every year, the students, teachers and staff of the group plant thousands of trees in the monsoon season. This year, they are taking the target up by several notches. The group presently boasts the strength of 20,000 students and 805 educators. Each one of them will plant 6 to 10 saplings in this monsoon season to reach the whopping target of planting 1 lac trees in total. This will be one of the biggest tree plantation drives carried by a chain of schools in North India.



IMPORTANCE OF MENTAL WELL-BEING AND CHARACTER DEVELOPMENT OF STUDENTS IN SCHOOL



MS. SHIKHA BANERJEE
Principal
Seth Anandram Jaipuria School,
Kanpur

Good mental health is crucial for a student's overall well-being and growth. It leads to success in life and character development, facilitated by impactful teachers. Mental wellness equips individuals to handle life's stresses, understand and harness their potential, and contribute positively to society. Schools play a vital role in building emotional strength, independence, and problem-solving skills. The metacognitive aspect, encompassing 'Theory of Mind', is key to assessing well-being, mental health, and behaviour. Prioritizing students' mental well-being and character development is integral, necessitating integration into the core school curriculum.



MS. SHALINI NAMBIAR
Director Principal
Seth Anandram Jaipuria School,
Ghaziabad

Good mental health is crucial for students, aiding effective learning and resilience. Schools play a vital role by offering resources for stress, anxiety, and depression, teaching well-being strategies, and fostering open discussions. They can also promote positive thinking, resilience, and emotional awareness. Mindfulness is a key focus for both teachers and parents.



MS. POONAM KOCHITTY
Principal
Seth Anandram Jaipuria School,
Shaheed Path, Lucknow

Student enjoyment in learning is vital; pleasurable learning is memorable. Neuroscience confirms that negative emotions hinder memory and learning. Thus, a safe, stimulating home and school environment is crucial for mental well-being. Character development is paramount in a world rife with tension and conflict. Role models, whether parents, teachers, or adults, should instil kindness, compassion, empathy, and responsibility. To preserve Earth, humanity is essential, necessitating the cultivation of humane individuals.



MS. ANJALI BAJPAI
Principal
Seth Anandram Jaipuria School,
Unnao

The importance of mental well-being and character development in schools cannot be overstated. These aspects not only foster emotional resilience but also contribute to students' overall growth. Mental well-being supports cognitive function and emotional stability, enabling better learning. Character development instils values like empathy, responsibility, and integrity, shaping future citizens who contribute positively to society. Together, these facts empower students to pass through life's challenges.



MS. GUNJAN DANANI
Director Principal
Seth Anandram Jaipuria School,
Alambagh, Lucknow

Mental well-being creates a positive learning environment teaching the children to manage stress, anxiety and other emotional challenges contributing to better concentration, focus and academic performance. Character Education instils ethical values, Integrity and a sense of responsibility in students which further improves their interpersonal relationships, creating a more harmonious school community. Healthy mind, strong character, fuels effective communication & conflict resolution. Students shape our future; a healthy child ensures a healthy tomorrow.



MR. DHARMINDER MANON
Principal
Seth Anandram Jaipuria School,
Varanasi

Mental well-being and character development are crucial. Guidance is vital in this era of limitless internet information. Revamp curriculum for stress-free, character-rich education. NEP aligns with this, instilling ethics, morals, and social values. It offers both knowledge and peace of mind for students and parents. It is important to emphasize uniqueness in children and discouraging comparison.



MR. PANKAJ SHARMA
Principal
Seth Anandram Jaipuria School,
Sitarganj

Prioritizing mental well-being and character development is crucial for students' academic, social, and emotional success in education. Character development is embedded through core ethical value education. Positive mental well-being encompasses growth, motivation, relationships, autonomy, and competence. Lack of strategies for mental well-being and character development can result in serious conditions of a child's mental fitness, his ability to lead life normally.



MS. POOJA MADAN
Principal
Seth Anandram Jaipuria School,
Satna

The social and emotional skills, knowledge and behaviour that students learn both inside the classroom as well as in other spaces in the school, help them in fostering adaptability, resilience, shapes lifelong health management, influencing physical and mental well-being capacities. Mental well-being is intertwined with physical, social, and emotional health. Neglecting any aspect, affects the others. Character development is vital for meaningful lives beyond grades. Schools need to prepare the students with morals, ethics, soft skills in order to prepare them as responsible citizens of the world.



MS. ANKITA VERMA
Principal
Seth Anandram Jaipuria School,
Mirzapur

Schools must encourage students to make healthy lifestyle choices and recognise the effects of their decisions on their health and well-being. Promoting students' mental health and well-being has a central role in the educational journey; it builds resilience against adversity, creates protective factors against mental ill-health and equips them with skills and confidence to seek help for early intervention. Mental well-being enhances academic success, promoting creativity and effective problem-solving.



MR. PANKAJ SHARMA
Principal
Seth Anandram Jaipuria School,
Dibiyapur

Mental well-being and character development are crucial for students in schools. Positive mental health enhances their ability to learn and cope with stress. Character development fosters values like empathy, integrity and responsibility, shaping them into responsible citizens. These aspects collectively contribute to a holistic education of a student.



MS. SUNITA YADAV
Principal
Seth Anandram Jaipuria School,
Nanpara

Maintaining good mental health is vital for every being, and for students, it becomes indeed more imperative. Mental health includes our emotional, psychological, and social well-being. Schools must safeguard the holistic mental health of students, as it's intertwined with their overall personality development and well-being. While physical fitness is crucial, it's just one aspect. Emotional well-being, especially combating feelings of inferiority and insecurity, greatly impacts a child's self-initiative and confidence. Encouraging self-belief is paramount.



MS. POOJA SINGH
Principal
Seth Anandram Jaipuria School,
Gauriganj, Amethi

In the journey of education, two indispensable elements pave the path to success for students: their mental well-being and character development. A robust mental state empowers students to grasp knowledge effectively, concentrate better, and make informed choices. It also nurtures interpersonal bonds and builds resilience for conquering obstacles. Educational institutions shape mental well-being and character through values like integrity, empathy, and resilience, fostering responsible citizens.



MS. SHWETA MISHRA
Principal
Seth Anandram Jaipuria School,
Greater Noida (West)

Nurturing students' mental well-being and character-building is crucial for schools worldwide. Addressing mental health concerns early may prevent long-term emotional challenges, and character-building training at the early childhood stage may support students in reaching their full potential. Regular parent-teacher interactions can facilitate discussions about a child's emotional needs, whereas, regular extracurricular activities with the scope of teamwork, leadership roles, and collaboration, may help students learn vital character-building lessons.



MS. KANCHAN LATA TIWARI
Principal
Seth Anandram Jaipuria School,
Sidhauri

In today's fast-paced world, schools hold a broader responsibility than mere academic instruction. Firstly, by instilling resilience, we equip students to navigate challenges, manage stress, and maintain a positive outlook, vital skills for real-world success. This, in turn, leads to enhanced academic performance, as improved concentration and cognitive abilities yield higher grades. Additionally, character development nurtures emotional intelligence, enabling effective emotional regulation. Values like empathy and compassion are also promoted, instilling social responsibility.



MS. ASTHA SINGH
Principal
Seth Anandram Jaipuria School,
Barabanki

Education plays a key role in over all development viz physical, mental, emotional and spiritual development. A child basically is the co-existence of body and mind. At later stage of a child, body acts as a tool for mind. Even researches have shown that a healthy body leads to a healthy mind. Physical fitness and a balanced diet in school benefit a child's physical and mental health, crucial for adolescent social-emotional development. Mental well-being can be got from positive actions, improved nutrition, adequate sleep & reducing stress if possible.

SCHOOL EVENTS AT A GLANCE

SETH ANANDRAM JAIPURIA SCHOOL, TARNA, VARANASI

NATIONAL SPORTS DAY CELEBRATION

At Seth Anandram Jaipuria School, Varanasi campus, we celebrated the Sports day with great enthusiasm and fervour on August 3, 2023. This day was marked as the birth anniversary of the Magician of Hockey- Major Dhyan Chand. The most significant aim of this event was to promote physical fitness, teamwork, and sportsmanship. The day commenced with paying a tribute to Major Dhyan Chand, which was followed by interesting races held for pre-primary and primary group. Winners were recognized and rewarded for their outstanding achievements in various sports.



SETH ANANDRAM JAIPURIA SCHOOL, VED CAMPUS, BARABANKI

MANGO DAY CELEBRATION

On July 5, 2023, Mango Day was celebrated in Barabanki Campus with a view to celebrate National Mango Day. Students were encouraged to indulge in the delightful flavours of this favourite fruit and also acknowledge its long history, adaptability, and its ability to bring people together in their shared love for its goodness.



SETH ANANDRAM JAIPURIA SCHOOL, ALAMBAGH CAMPUS

A COOL DRIVE

Swimming is useful to children in many ways. It strengthens the shoulder and thigh muscles and also allows children to breathe deeply, and sustain breath under water for long periods of time. At Seth Anandram Jaipuria School, Alambagh Campus, Lucknow, swimming is conducted by trained coaches and is supervised carefully for the safety of each and every student involved in the activity. Mr. Rajeshwar Singh, MLA Sarojini Nagar, inaugurated the pool after which, it was fully functional. The members of the school are extremely fortunate to have this facility. Our aim is to ensure that it is available for the use by both the school and local community. Many students learnt the skill and brought laurels to the School. With a mere practise of a week, they bagged the third position in the CISCE Swimming Championship! The advent of Swimming Pool in the School has greatly affected the students positively!



SETH ANANDRAM JAIPURIA SCHOOL, MIRZAPUR

JANAMASHTAMI CELEBRATION

Krishna Janmashtami was celebrated by the staff and students of Seth Anandram Jaipuria School, Mirzapur with great enthusiasm. Janmashtami is celebrated as a symbol of the end of darkness and rooting out of the evil forces. A splendid and colourful performance by the students depicting the birth of Lord Krishna with a message of victory of good over evil was done. Children came dressed in ethnic wear as Radha and Krishna. The presentation depicted the varied images of life from birth of Krishna to manhood. It was a beautiful presentation with joyous melody and twirling dancers.



SETH ANANDRAM JAIPURIA SCHOOL, NANPARA

ANNUAL FUNCTION

Seth Anandram Jaipuria School, Nanpara celebrated its 1st Annual Day function, 'Samagam'. As the Chief Guests of the programme, Dr. Dinesh Chandra (D.M. Bahraich), Mr. Ram Vilas Verma-MLA, Mr. Rahul Pandey-C.O., Mr. Hemant Gaur-Kotwal, Nanpara had come. Apart from them were present, the Directors and Board Members of the School, parents and all the staff were present at the function. The function displayed incredible performance of the students when they presented plays and dances.



FOOTBALL TOURNAMENT

Seth Anandram Jaipuria School, Nanpara hosted the 1st Inter-School Football Tournament in a grand manner to develop a healthy sporting environment among the schools. The occasion was graced by the Chief Guest MLA Mr. Ram Vilas Verma along with Directors, Principal, staff and the coaches of the school. The team was introduced, the Chief Guest addressed the players and inspired them to show their talent in the true spirit of sportsmanship. The Chief Guest kicked the ball to commence the Tournament. Several teams participated and played for their pride. It was awesome to see their energy and talent. The rigorous practice enabled our school to play till the end (final) but could not win the trophy! They were awarded with Runners up Trophy and Medals. It was the first experience for our students in such a tournament.



SETH ANANDRAM JAIPURIA SCHOOL, GAURIGANJ, AMETHI

INDEPENDENCE DAY CELEBRATION

The story of bravery, struggle, endurance and perseverance was told and celebrated on the occasion of Independence day at Seth Anandram Jaipuria School, Amethi with great patriotic fervour on the occasion of 77th Independence day. The tricolour was hoisted by Director of the school, Ms. Manju Mishra. There were melodies of valour sung and dances performed. In the end, a phenomenal depiction of life of Azad Bhagat Singh was done. The programme ended by singing The National Anthem.



SETH ANANDRAM JAIPURIA SCHOOL, DIBIYAPUR

TEACHERS' DAY CELEBRATION

Seth Anandram Jaipuria school, Dibiyaapur were full of gratitude and respect as it celebrated teachers' day with heartfelt tribute to the teachers who shape the future. The day began with an assembly where students paid a tribute to the teachers with flowers and handmade cards. The principal acknowledged the tireless efforts of the teaching staff. Students took the stage showcasing their talents through performances, speeches and skits that touched the significance of teachers in their lives. It was a day of acknowledging their invaluable contributions, making it an unforgettable Teachers' day.



SETH ANANDRAM JAIPURIA SCHOOL, GREATER NOIDA (WEST)

AWARD CEREMONY FOR RECEIVING THE PRESTIGIOUS ‘DAINIK JAGRAN SCHOOL EXCELLENCE AWARDS, 2023’

Mr. Lakshya Singh Kaiwalya, the School Manager at Seth Anandram Jaipuria School, Greater Noida-West, received the prestigious Dainik Jagran School Excellence Awards 2023 on May 18, 2023. This esteemed award recognizes and celebrates the outstanding contributions of educational institutions that have displayed remarkable achievements in academics and extracurricular activities, thereby showcasing excellence in school education. The Seth Anandram Jaipuria School, Greater Noida-West, was honored in the category of **Excellence in Innovation**, for exhibiting innovative and unconventional approaches within the academic sphere.



PARENT ORIENTATION FUNCTION

Seth Anandram Jaipuria School, Greater Noida-West, successfully hosted its Orientation Day on April 1, 2023. New students' parents were cordially invited to the event, where they received comprehensive information about the curriculum, examination structure, co-curricular engagements, and various other aspects of the upcoming academic session. A notable highlight of the day was the captivating taekwondo show presented by the talented students from the Taekwondo Academy of Seth Anandram Jaipuria School Greater Noida-West. During the Orientation Programme, the old students and their parents enthusiastically shared their experiences during the previous session of 2022-23, reassuring the parents of new students about the high standard of education and the enriching environment offered at Seth Anandram Jaipuria School. The Orientation Day programme concluded with an atmosphere of joy and contentment.



SETH ANANDRAM JAIPURIA SCHOOL, SATNA

FOSTERING LEADERS OF TOMORROW

The Investiture Ceremony at Seth Anandram Jaipuria School, Satna, was a celebration of leadership, excellence, and commitment. The highlight of the day was the Leaders' March, a display of discipline and determination led by the Sports Incharge, Ms. Sajda. Badges, gleaming with promise, were pinned onto the blazers of these young achievers. These badges symbolized a commitment to uphold the values of integrity and excellence that the school stands for. The investiture ceremony was a testament to the school's commitment for nurturing well-rounded individuals who will excel academically and will also be inspiring leaders.



SETH ANANDRAM JAIPURIA SCHOOL, SIDHAULI

INDEPENDENCE DAY CELEBRATION

At our school, the celebration of Independence Day was a grand affair, marked by a series of memorable events. The day commenced as our Director Sir Ashish Agarwal, Sir Satyanarayan Agarwal and our Principal Miss Kanchan Lata Tiwari unfurled the national flag, and the entire school gathered in the courtyard to witness this patriotic moment. The cultural programmes was an array of India's cultural diversity. Students presented folk dances, patriotic songs, and thought-provoking skits that depicted our nation's journey to freedom.



SETH ANANDRAM JAIPURIA SCHOOL, SITARGANJ

ELECTION TO FORM THE STUDENT'S COUNCIL

Seth Anandram Jaipuria School, Sitarganj organised the election to form its Students Council. The election was held on August 5, 2023. The students of Grade 5 and above and all the teachers casted their votes at the polling booth with great zeal to elect the School Head Boy, Head Girl, House Captains and Vice-Captains. The first vote was casted by the Director Mr. Akash Mittal followed by the Principal Mr. Pankaj Sharma, students and teachers.



IMPORTANCE OF MENTAL WELL-BEING AND CHARACTER DEVELOPMENT IN SCHOOLS



DR. NEETA BALI

Director-Schools,
Seth Anandram Jaipuria Group of Schools

Student well-being encompasses the overall health of a student, including their social, mental, physical, and emotional health. Emotional well-being and psychological wellness are invariably linked to a student's performance. How a child perceives himself or herself has an inevitable impact on their performance in academics, in the interpersonal connect and the way they conduct themselves.

Education is a conduit for both scholastic and co-scholastic accomplishment and pupils' holistic well-being. Schools should be safe spaces where students' well-being is prioritized, while still delivering excellent instruction and learning activities. Schools must provide opportunities for participation in activities that are significant and meaningful to the young and bolster self-esteem. At the same time, teach resilience, reinforcing confidence so that the young feel cherished and pushed to achieve success and also learn how to cope with failure.

Let us, as educators, use our skills and energies for creating a culture where the young feel treasured. School staff and counsellors must exude empathy to build positive connections so that the young are able to actualize their full potential, manage life's challenges and experience gratification rather than grappling with psychological issues. Students' emotional well-being, introspection and being able to face the problems that life throws at them should be our priority in schools. Schools must take the onus to assist students' emotional well-being by providing resources and chances to develop resilience. For instance, schools can provide awareness training for students and integrate emotional development into the classroom curriculum to help improve their overall emotional well-being.

Let us make concerted efforts to support all children under our care so that no child is left behind!

Education becomes holistic when intellectual and physical development is complemented with mental well-being and character development in learners. A student who is emotionally strong and mentally healthy excels academically, forms positive relationships and is able to cope with stress. Mental well-being also fosters resilience and adaptability to change in growing years. Similarly, character development helps to cultivate good values, ethics, and virtues in learners.

A strong character acts responsibly and displays a positive civic sense. Teachers, schools and parents have to be partners in facilitating the symbiotic development of learners' character and their mental health to ensure that they become empathetic and resilient individuals with a passion to contribute towards societal progress and nation building.



MR. ANIRBAN BHATTACHARYA

Vice President - Partner Schools,
Seth Anandram Jaipuria Group of Schools

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